



Base Bulletin

Vandenberg AFB, CA 93437-0759



2 June 2004

No. 22

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon on Monday (by noon the preceding Friday if a holiday occurs on Monday or Tuesday), to meet the Wednesday publishing date. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Customer Service Hours Change: The 30th Comptrollers Squadron, Financial Services Office Customer Service hours will change effective Tuesday, 1 Jun 04. Our Monday, Tuesday, Thursday and Friday hours of operation will be 0800—1530 and Wednesday hours will be 1000—1530 due to training. This change is necessary to successfully implement the new Defense Travel System (DTS). Additionally, a drop box will be installed outside the Customer Service lobby in the near future to assist those customers who wish to just drop off their documents. (30CPTS/FMFC, 6-4630)

b. Retirement Ceremony: Lt Col John E. Coulahan, Jr., Commander, 30th Comptroller Squadron, cordially invites all interested Vandenberg base members to the retirement ceremony for TSgt April L. Ewing. The event will be held at 1130 in the 30MSG Conference Room, Bldg 11777, on 4 Jun 04. Contact MSgt Pfofer at 6-9102 to RSVP or if you have any questions. (30CPTS/FMFC)

c. Retirement Ceremony: Lt Col Anthony L. Blaylock, Commander of the 576th Flight Test Squadron, cordially invites all interested Vandenberg Base members to the retirement ceremony for MSgt David B. LaPlant. The event will be held at 1400 in the RRC Conference Room, Bldg 8500, on 4 Jun 04. Please contact SMSgt Marston at 5-6317 for any questions. (595SG/TEA)

d. Change of Command: Lt Col Arthur T. Beisner II will relinquish command of the 533d Training Squadron to Lt Col Catherine M. Perro on Tuesday, the 6th of July at 10:00 o'clock in the morning at the Pacific Coast Club, Vandenberg AFB CA. Contact SSgt A. Langhorne 6-1541 x3505. (533TRS/DOA)

e. Retirement Ceremony: Lt Col William E. Prenot, Commander of the 30th Range Maintenance Squadron, and Lt Col David D. Thompson, Commander of the 2d Space Launch Squadron cordially invite you to the retirement ceremony of TSgt Jeffrey L. Sirk, honoring his 22 years of distinguished service, on 10 Jun 04, at 1400, Bldg 8500 in the RRC Rm. For more information contact MSgt Givens at 5-5318. (2SLS/MAFA)

f. Retirement Ceremony: Major Karen L. Taylor, Commander of the 30th Mission Support Squadron formally invites you to attend a retirement ceremony honoring one of Vandenberg's long-standing members, MSgt Barbara Henson, on 10 Jun 04, at 1500, at the Pacific Coast Club, ballroom 1&2. Please join the Henson's in celebrating the closure of a long, distinguished career and embrace the adventures that come with new beginnings. Reception will take place at the same location immediately following the retirement ceremony. For more information, contact TSgt Scantlebury-Hall at 6-2902.

g. Retirement Ceremony: Please join the 381 Training Support Squadron in honoring MSgt Ron Forsythe for his 20 years of distinguished service at his retirement ceremony, 11 Jun 04, at 1000, in the 381TRG auditorium, Bldg 8290, Nevada Ave. A farewell luncheon will also be held at 1100, 9 Jun 04, at the Pacific Coast Club. If you can attend the luncheon please RSVP to Maj Spillar at 6-8270 or charles.spillar@vandenberg.af.mil. If you have any questions please contact SSgt Eryn McConnell at 5-2550. (381TRSS/TSM)

TEAM VANDENBERG

h. Retirement Ceremony: The retirement ceremony honoring Mr. Dave Renshaw from the 30th Civil Engineering Squadron, Horizontal Section has been changed to 11 Jun 04, at 1200, in Bldg 10715. A chicken and ribs BBQ will follow. Cost is \$6 per person. Please RSVP to Sgt Krause at 6-6165 NLT 4 Jun 04. (30CES/CEOH)

i. Change of Command: Lt Col Jeffery E. Follansbee will relinquish command of the 2nd Range Operations Squadron to Lt Col Richard L. Schoonmaker on Friday, the 11th of June at 2:00 o'clock in the afternoon at the Pacific Coast Club, Vandenberg AFB, CA. Contact Lt. Krepsky at 6-0756 (2ROPS)

j. Retirement Ceremony: A retirement ceremony honoring Lt Col Jeffrey Follansbee, the Commander of the 2d Range Operations Squadron will be held on 18 Jun 04 at 0900 at the Pacific Coast Club, main ballroom. Please RSVP to Lt Cisney at 6-3048 or by e-mail to eric.cisney@vandenberg.af.mil no later than 14 Jun 04. (2ROPS/DOOA)

k. Retirement Ceremony: The 30th Launch Group will hold a retirement ceremony honoring CMSgt James Lewis' 30 years of dedicated service to our nation. The ceremony will be held on 28 Jun 04, at 1400, in Bldg 8500, RRC conference room. A reception will follow immediately in Rm 210 of Bldg 8500. Please RSVP to Ms Louise Briggs, 30LCG/CCSS, at 6-6771, NLT 18 Jun 04. (30LCG/CCSS)

l. Attention All Personnel: Breakers Dining Facility is closed until 30 Nov 04 to renovate the Heating, Ventilation, and Air Conditioning (HVAC) system. Consolidated dining will be at Beachcomber Dining Facility (Bldg 9190) on Nevada St in 381st Training Group area. Please call 6-3219 for dining schedule. (30SVS/SVMX)

m. Interested In Going TDY? The MPF's Personnel Readiness Function is looking for volunteers, in the rank of E-5 and below, to go TDY for approx 90 days working as a Third Country National (TCN) Escort. We are currently looking to fill 30 tasking for the AEF 3, AEF 5 and AEF 7 cycles. The benefits include traveling to another country and receiving a tax-free reenlistment bonus if you are eligible for reenlistment during that time. All TDY tasking are on a first come, first serve basis. Eligibility criteria as follows: Must not be obligated to fulfill an AEF requirement for your current AFSC and must remain eligible to support this tasking for the entire AEF cycle. Must have a Secret or Interim Secret Clearance. Must be an E-5 or below. Must have your commander's approval in writing to be eligible to volunteer for the TCN Escort deployments. For more information, please contact TSgt Leduc at 6-7574. (30MSS/DPMDX)

n. Military Equal Opportunity (MEO): Under the Equal Opportunity and Treatment (EOT) program an appeal process is available to both the complainant and the accused. Appeals must be in writing, submitted through the MEO office and can only be filed by military members. Note: Civilian employees are referred to the Chief, Equal Employment Opportunity (EEO) counselor 6-8780, regardless of the status of the alleged offender for complaint processing. For additional information relating to the EOT appeals process please call the 30th Space Wing MEO Office at 6-0370. (30SW/ME)

o. Dormitory Residents: Charge of Quarters (CQ) has begun. CQ hours are 2100—0500, Friday & Saturday nights (and will be adjusted for three & four day weekends). Please contact the CQ office located at Bldg 13400, Rm 110 at 6-8469/6-8487 for any dormitory issues during these times. Any questions, contact SSgt Molina at 6-3933 or SSgt Chaney at 5-2590. (30MSG/CCH)

p. Airmen Against Drunk Driving (AADD): Think Safety Before You Start!! Here are your choices for a safe ride home: Call AADD at 605-AADD/606-AADD for an anonymous free ride home, or get a complimentary ride from your First Sergeant when you have to be picked up. Tough decision? (30CES/CEOM, 6-7760)

2. 30th Space Communications Squadron: (30SCS)

a. Capitalization of Airmen: General John P. Jumper, Air Force Chief of Staff (AF/CC) has requested capitalization of the term "Airman" or "Airmen" in all of his written products. His intent is to use the term as a proper noun, similar to the Marine Corps' capitalization of the term "Marine." Please apply this guidance as appropriate. (30SCS/SCSP, 6-7892)

b. Need EMSEC Training? Look out for a global e-mail announcement called: "PC, Security & ADPE Classes" by Ms. Lexi Schwartz. In addition to EMSEC, you will find other security training opportunities for: Unit Computer Security Manager, Computer Certification and Accreditation, and IAAP (SATE) training courses. To register, or for more information, contact Ms. Lexi Schwartz at lexi.schwartz@vandenberg.af.mil. For questions only, not reservations, call 6-3771. (30SCS/SCBI, 5-2352)

c. Rescinded IMT: Due to the AFSPC/IG establishing the new AFSPCINT101, Discrepancy Report, dated 20040301 (prescribed in AFI90-201_AFPSCSUP1) the 30SW40, Discrepancy Report has been rescinded. Please use AFSPCINT101 for Discrepancy Reporting. (30SCS/SCSP, 6/7894)

d. Attention All: FormFlow forms will no longer be accessible on the Air Force E-Pubs web site starting 3 Jun 04. If you still use any of the old FormFlow forms be sure to download them by COB 2 Jun 04. (30SCS/SCSP, 6-7692)

e. Air Force E-Pubs Service Desk Hours Change: Effective 24 May 04, Service Desk hours of operation have changed to 0700- 1700 EST! For more information go to the web site www.e-publishing.af.mil/customer_service.asp (30SCS/SCSP, 6-7692)

3. Traffic Management Office: (30LRS)

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick-up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. (30LRS/LGRT, 6-0904)

b. It's Your Move: If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be emailed to your computer. (30LRS/LGRT, 6-6932/33)

c. Shipping Your Pet: If you are PCSing overseas with your pet, the following website contains useful information and web links: <https://amclg.scott.af.mil/cgi-bin/index.pl?dd=/don/igtpt&ti=HQ+AMC/LGTP+-+Passenger+Policy>. HQ AMC Pet Brochures are available at TMO Passenger Travel, Bldg 11777, Rm C-113. (30LRS/LGRT, 6-6932/33)

4. Civilian Personnel: (30MSS/DPCE, 6-5847)

a. Voluntary Leave Transfer Program: Timothy L. Lovelace - 30CES/CEOF2 Vandenberg AFB, Tony Wright - Mildenhall AB, Starlene Holley - Clear AFS, Ronald Mosley - Selfridge ANGB, Michael Baca - HQ ARPC/MS, Sandra Jernigan, Betty O'Herlihy, Howard Brown, & Tim Jones - Luke AFB, Glenda Bennet and Lori J. Anderson - Peterson AFB, Herlene Thurman & Cheryl Scott - Los Angeles AFB, Carolyn DeLaGarza - Langley AFB, Johnna DeSimone - Schriever AFB, Dionisio Esteban - Onizuka AFS, Contine Francis & Janice Shinkle - MacDill AFB, Delores Green - Dobbins ARB, Wilson Holloway & Frank Valentik - Avon Park AFR, Charles Howard - Vance AFB, Jane Kelsey & Earle Tasse - Eglin AFB, Roberta Clark, Eileen Clemmons, Theresa Currier, Jennifer Mac Davitt, Mary Maurer, & Lisa Wiggs - Patrick AFB, Earl Mikula - Buckley AFB, Dotsy Parnell - Shaw AFB, D'Sitra Scott - Willow Grove ARS, PA, Sue Sommers - Scott AFB, Jeneke Lacy, Jacquelyn Schmidt, Carol Vilcek, Linda Solomon, & Rebecca Barner - USAF Academy, & Mike Weatherly - Homestead ARB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. Stop by Bldg 11777, Rm B-103 to pick-up and/or turn in your form. Access this form on the web at www.opm.gov/FORMS/PDF/FILL/opm630A.pdf.

b. Thrift Savings Plan (TSP) Open Season: Reminder: The open season ends 30 Jun 04. FERS employees may elect to contribute up to 14 percent of their basic pay and CSRS employees may contribute up to 9 percent of their basic pay. The new contribution amounts will be effective dependent upon the date the employee makes their contribution election. **FERS** employees affected by the annual limit on elective deferrals should be cautious regarding the effective date of an increase in their contribution amount. Timing is extremely important to ensure these employees do not reach their annual limit prior to the end of the year. The Internal Revenue Service annual limit on elective deferrals increased to \$13,000 in 2004. Federal civilian employees can use the Benefits and Entitlements Service Team (BEST) automated system, **1-800-616-3775**, or the **TDD number, 1-800-382-0893**. They may also access it through the EBIS website, which is a secure web program. As a result, before you can access EBIS you must log into the AFPC Secure Web via CAC card or regular User ID and password. Go to http://www.afpc.randolph.af.mil/dpc/BEST_GRB/EBIS.htm. Once within EBIS, you'll enter your social security number (SSN) and BEST personal identification number (PIN) -- another method of ensuring the security of your personal records and benefits transactions. Your **BEST** PIN is the same for both EBIS and the BEST phone system. To allocate the funds you are contributing to, access the TSP website at <http://www.tsp.gov/>. (30MSS/DPCE, 6-5847)

c. Catch-Up Contributions: If you are age 50 or older and you are already contributing the maximum amount of regular TSP contributions for which you are eligible, you may elect to make up to \$3,000 in catch-up contributions for 2004. Since this limit changes each year, you must make a new election each calendar year. (30MSS/DPCE, 6-5847)

d. Civilian TSP Participant Members of the Ready Reserve: If you are a civilian TSP participant with an outstanding TSP loan and are placed in a non-pay status to perform military service, make sure your agency provides the TSP with documentation to certify your status and suspend loan payments. The Internal Revenue Code allows the TSP to suspend loan payments for all participants placed in non-pay status for up

to one year of non-pay. However, participants placed in non-pay status to perform military service for more than one year are authorized suspension of loan payments for the entire period of military service. For more information, see the Fact Sheet, Effect of Non-pay Status on TSP Participation. (30MSS/DPCE 6-5847)

5. 30th Medical Group: (30MDG)

TRICARE Online: To gain access to TRICARE Online, you simply logon to the Internet, at <http://www.tricareonline.com>. Once you build your profile and establish a password, you are on your way to making your routine, wellness, and follow-up appointments with the click of a mouse. (30MDG/SGO, 6-3308)

6. 30th Security Forces Squadron: (30SFS)

a. Installation Entry Gate Hours: The Santa Maria, South, Solvang and Timber Lane Gates are open 24 hours a day. The Utah Gate is open from 0600—2200, Monday thru Sunday. The Lompoc Gate is open from 0600—1900, Monday thru Friday. The Titan is closed. (30SFS/SFOC, 6-3911)

b. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If interested in starting this program in your area call 5-0792. (30SFS/SFOS)

c. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg 13675. For more information call 5-0792. (30SFS/SFOS)

7. 30th Civil Engineering Squadron: (30 CES)

a. Attention All Facility Managers: Please ensure that Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call A1C Rodriguez at 6-3152 or CE Customer Service at 6-0010 to verify the correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3 attachment 1. The form must be signed by Unit Commander or equivalent and forwarded to CE Customer Service. Facility Manager training is on the third Wednesday of the month at 1000 in Bldg 11439, Rm 109, CES Conference room. (30CES/CEOFP, 6-0010).

b. Base Civil Engineer Work Request: The New 30SW Form 35, Base Civil Engineer Work Request, dated 1 Nov 03 is available on the [VEPDL](#). All other previous 30SW Form 35's are no longer valid. (30CES/CEOFP, 6-0010).

c. Home Buying Workshop: Military Family Housing is sponsoring a Home Buying Workshop on 17 Jun 04 from 1800—2000 at the Vandenberg Center, Bldg 11008. Please come and learn more about First-time Home Buying, VA & FHA Financing, Title, Escrow and more. Seats are limited to 60 people. Please make your reservations by COB 14 Jun 04. Call Maria C. Rasay at 6-3434 or e-mail maria.rasay@vandenberg.af.mil (30CES/CEH)

8. Air Force Reserve (30MSS/ISR)

Briefing: The next Air Force Reserve briefing is 8 Jun 04, at 1300, in Bldg 11777, Rm C-206. If you are interested in applying for this program, you must contact MSgt Brenda Kartheiser to schedule a briefing. (AF Reserve Recruiter, 6-2704)

OFFICIAL

FRANK GALLEGOS
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III — UNOFFICIAL**General Information:**

Base Theater Marquee: The following movies will be shown at the Base Theater, Bldg 13750 the weekend of 4—6 Jun 04. Call 606-5565 for recorded movie information only.

Day	Date	Movie	Rating	Opens	Starts
Friday	4 Jun 04	"Kill Bill Vol. 2"	R	1830	1900
Saturday	5 Jun 04	"Envy"	R	1830	1900
Sunday	6 Jun 04	"Ella Enchanted"	PG	1330	1400

E-mail Vanessa Probert at ProbertV@aafes.com. (AAFES)

a. Big Brothers Big Sisters: Big Brothers Big Sisters of Santa Barbara County matches kids with adult volunteers who share friendship, fun and a positive role model. Come learn how to become a Big Brother or Big Sister, broaden a child's horizon, and bring some magic into both of your lives. Our New Volunteer Orientation and Training will be on 2 Jun 04 from 1500—1630 at the Family Support Center office located at 723 Nebraska Ave, Bldg. 10525, Vandenberg AFB CA. Or, please call Charlie Guzman at 735-4376 ext. 26 to learn more about becoming a Big Brother or Big Sister. (FSA)

b. Non-Commissioned Officers Association (NCOA): The NCOA will be having a membership drive BBQ on 2 Jun 04 from 1000 until 1400, in the parking lot in front of the base exchange. A **free** lunch is provided to those who sign up for membership at the BBQ. A nominal fee of \$6 will be collected from all others. Come and see what NCOA is all about. (30LCG, 6-1487)

c. The Vandenberg African-American Association's General Membership Meeting: Thursday, 3 Jun 04, at 1130 in the Services Center Large Conference Room. For more information contact MSgt Dexter King, 6-5551 or SrA Shamena Nurse, 6-2347. (532TRS/DO, 6-5551)

d. Asian-Pacific American Heritage Banquet: 4 Jun 04, from 1800—2115 is the Asian-Pacific American Heritage Banquet with ethnic dances from different Asian countries at the Pacific Coast Club for \$17.50. Ticket contacts for the banquet are: Capt Mun Lee, 6-6368, Ms. Arlene Lepper, 6-9360, Ms Sonny Apilado, 6-1936, Capt Richard Domingo, 6-3737, and Ms. Sherry Raymundo, 6-5214. (576FLTS/TMO)

e. The Vandenberg AFB/Central Coast Chapter of Tuskegee Airmen Inc. General Membership Meeting: Thursday, 10 June 04, at 1000 in the Services Center Small Conference Room. All active duty members, spouses, civilians, and retirees are welcome. For more information, contact Lt Ike Wright, 5-4910 or Capt John Lofton, 6-9519. (2SLS/MAFD, 5-4910)

f. VAFB vs. Santa Maria: Golfers are needed for the annual "Hi Neighbor" Golf Tournament. The event will take place beginning at 1045 with sign in and lunch, and shotgun start at 1130. It will be held at the base Marshallia Ranch Golf Course on Friday, 18 Jun 04. This year it is Vandenberg's turn to host Santa Maria. Cost is \$60, which covers lunch, green fees, cart, and snacks for you and a Santa Maria player who will be selected by the Santa Maria Chamber of Commerce. This is a full handicap; medal play tournament and players will be paired up by handicaps. If you don't have an established handicap you can use the average of your last 3 scores. There will be door prizes and a chance to win a new vehicle with a hole-in-one. Santa Maria players will host VAFB players next year at a Santa Maria course. To join this opportunity to meet some of the Santa Maria community and business leaders who provide so much support for VAFB events, please call Public Affairs at 6-3595 and provide name, organization, duty phone and handicap/average. (30SW/PA, 6-3595)

g. Special Needs Information Network: Having a family member with special needs is a challenge. The Special Needs Information Network meets at the Base Library on the 3rd Wednesday of every month to share information, experiences and support. The next meeting is 16 Jun 04, from 1830—1030. For more information call Debbie Drap at 734-2282.

h. Touch-A-Truck/Base Wide Garage Sale: The 30LRS Booster Club will be sponsoring a Touch-A-Truck/Base Wide Garage Sale on Saturday, 19 Jun 04 in the 30LRS parking lot, Bldg 10728, from 0900 to 1400. Garage sale booths are \$10 each or 3 for \$25. Booth includes 6ft to 8ft table. Booths are for individuals or groups. Contact MSgt Harold Sullivan, 6-9069, or TSgt Scadlock, 6-6223. (30LRS/LGRD)

i. Space Country Cruzers: Corvette, Mustang, Camaro, Subaru STI, Mitsubishi Evo...just some of the cars in VAFB's premier car club, the Space Country Cruzers. If you have a great car or just an interest in cars, we're the club for you. We participate in local parades; car shows, racing events and cruises. For more info, visit www.spacecountrycruzers.com, e-mail daniel.triplett@vandenberg.af.mil or call Capt Dan Triplett at 6-7939. (30SCS/SCM)

j. Interested In European Swordsmanship? See www.theARMA.org and if interested call Tim Merritt at 6-3732 or Norm Vujevic at 734-1557. We meet most every Monday and Wednesday at 1730 at the Gym Annex, but call before to confirm. (30CES/CECE)

k. Disaster Training Classes: The Santa Barbara County Chapter is offering a number of courses to train volunteers to assist in a disaster. To register for any of these classes call the local office, or e-mail to disaster@sbaco-redcross.org.

Training Course

Santa Maria Office, 222 W. Carmen Lane, 928-0778

Introduction to Disaster Services— #3066

Mass Care Overview #3068-1

Shelter Operations # 3068-11

Shelter Simulation #3068-12

Providing Emergency Assistance to Families #3072

Disaster Assessment # 3067-1

DAT Team Workshop/Communications in Disaster

All of the above courses are free of charge. They are designed to prepare individuals and groups to participate as volunteers in Red Cross activities. Be part of the solution!

Date

Time

Tues, 08 Jun 04 1800—2200

Thurs, 10 Jun 04 1800—2200

Tues, 15 Jun 04 1800—2200

Tues, 14 Jun 04 1800—2200

Sat, 19 Jun 04 0900—1700

Tues, 22 Jun 04 1800—2200

Thurs, 24 Jun 04 1800—2200

Health And Wellness Center: (30MDG/HAWC, 6-2221)

a. Quarterly Classes: The following classes are offered on a quarterly basis at the Health And Wellness Center, dates are as follows: 4 Jun 04, 10 Sep 04 and 3 Dec 04. Breastfeeding and Infant Care Class 1400—1600 - Learn how to properly breastfeed and take care of your newborn. Exercise During Pregnancy 1300—1400 - Learn what exercises are appropriate during your pregnancy.

b. HAWC On-line Class Sign-ups: Please go to www.php-ids.com to register as a new student and sign up: Fitness Improvement Program (FIP), Healthy Living Workshop (HLW), and Body Composition Improvement Program (BCIP). For information regarding any of these classes, please call the HAWC at 6-2221.

c. Tobacco Cessation Classes: The HAWC now offers evening Tobacco Cessation classes from 1600—1700 at the HAWC, the class dates are as follows: 17 Jun 04—2 Jul 04, 12 Aug 04—6 Sep 04, 7 Oct 04—8 Nov 04. For those individuals unable to attend the day or evening classes, a take home CD-Rom version of the class is also available. For more details please contact the HAWC at 6-2221.

Chapel: (30SW/HC, 6-5773)

a. Worship Schedule: Catholic Mass: Saturday, 1615—1645 confessions; 1700 Chapel 2; Sunday, 1000, Chapel 1, Daily Mass 1130 M-F, Chapel 2. **Protestant:** Praise & Worship 0830 Sunday, Chapel 2; Gospel 1130 Sunday, Chapel 2; Traditional 1130 Sunday, Chapel 1.

b. The Vandenberg Jewish Community: Hebrew and Bar Mitzvah classes are ongoing here on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.

c. Monthly Prayer Breakfast: Come and join us for our monthly prayer breakfast on Thursday, 10 Jun 04 at 0630 at the Chapel 1 annex. Col Frank Gallegos, 30th Space Wing Commander will be our guest speaker.

Family Support Center: (30MSS/DPF, 6-0039) To pre-register for all classes, workshops, and seminars, call the designated point of contact, or visit www.php-ids.com.

a. Office Hours: Family Support Center's customer service hours are from 0800—1600 except on Monday when the center will be closed for staff training from 0730—0930. Personnel requiring *emergency* Air Force Aid will be assisted. Call 6-0039.

b. Office Closure: Special Note: The Family Support Center will be closed on Friday, 4 Jun 04 for an all day training.

c. Computer Resource Room: The Family Support Center's Computer Resource Room is now open to customers needing to access the Internet for job searches, relocation assistance, or to stay in touch with the family if separated because of military obligations. Walk-ins are accepted from 0800—1530.

d. Palace Chase (Force Shaping) Separatees: Are you separating under the newest Palace Chase (Force Shaping) program? If so, you need to get to the Family Support Center (FSC) now! You must accomplish your mandatory Pre-Separation Briefing at least 90 days prior to separation. You can schedule yourself for this briefing by accessing www.php-ids.com. Do not wait until you have your out-processing checklist to get this briefing. If you need assistance please call the FSC at 6-0039.

e. BabyMeet: If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. This group meets every Wednesday, 0900—1000 at the Base Library. For more details call Katie at 734-6758 or Anna at 734-6606.

f. Playtime for Tots: They meet Friday mornings at 1000—1100 at the Religious Education Center. This playgroup is for parents and the children ages 2 to 5. For more information call Jill at 757-9044.

30th Services Squadron: (30SVS/SVK, 6-0276)**a. Auto Hobby Shop:** (30SVS/SVRA, 6-6014)

- **Used Car Lot:** Try selling your used vehicle through the Auto Hobby Shop. Place your vehicle on the used car lot for \$6 per two weeks. You also have the option of listing your vehicle on the Services Squadron web site.

b. Surf Lanes Bowling Center: (30SVS/SVRB, 6-3209/734-1310)

- **Airmen's Night:** Thursday, 1700—2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Thunder Alley:** Friday, 2200—0100, Saturday, 2100—2400. Catch the ultimate glow-in-the-dark bowling experience!

c. Breakers / Beachcomber Dining: (30SVS/SVMF, 6-7540)

- **Breakers Renovations:** Starting 1 Jun 04, the Breakers dining facility will be closed for renovations to the heating, ventilation and air conditioning system. Consolidated dining will be available at the Beachcomber (Bldg 9190) on Nevada St in the 381st Training Group area.
- **National Donut Day:** 2 Jun 04. Beachcomber will have assorted donuts available for breakfast.

d. Child Development Center: (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out how you can qualify.
- **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.

e. Family Child Care: (30SVS/SVYD, 6-3255)

- **Provider Training:** The need for Child-care Providers has never been greater! Help make a difference and find out how you can become a licensed child-care provider. Contact Gwendolyn Jones at 6-4639 or 6-3255.

f. Fitness Center: (30SVS/SVMP, 6-3832)

- **Lazy Man Biathlon:** Self-paced fitness program for June. Track your progress as you try to run 26 miles and bike 100 miles for the month of June. Sign up at the Fitness Center.
- **Half-Marathon:** 12 Jun 04, 0800. The Valley of the Flowers Half-Marathon will be held at Vandenberg AFB. Race will start and finish at the base gym. Race day registration starts at 0700.
- **Pick-up Basketball:** Monday-Friday from 1100—1300, and Tuesday-Thursday from 1600—1700 at the Fitness Center.

g. Library: (30SVS/SVMG, 6-6414)

- **Patch Club Meeting:** 25 June 04, 1700 at the Library. The Patch Club is a book club for students from grades 2 to 5. Each month we pick a theme and participants read a book relating to that theme. Call the library for more information on how you can be involved.
- **Pre-School Storytime:** Thursday at 1000. It is appreciated if you can sign up if you are attending to help plan for supplies, but walk-ins are welcome.
- **Dial-a-Story:** The phone number is 606-4300 for this free story-telling service. Available 24/7, story changes Friday afternoons.
- **Summer Reading Program:** This program for kids age 3 to 12 will kick-off 26 Jun 04. This year's theme will be the ocean.

h. Marshallia Ranch Golf Course: (30SVS/SVRG, 6-6262)

- **Golf 4 Kids:** This youth golf instructional program will run 19—23 Jul 04. Registration starts 15 Jun 04 at the Marshallia Ranch Pro Shop. For just \$49 (a retail value of \$200), participants receive Golf 4 Kids logo t-shirt, cap, golf towel, neon tee pack and bag tag, rules and etiquette brochures and a graduation certificate. Children graduating from the program will get a free set of top quality junior clubs to keep.
- **Scotch Foursome:** 6 Jun 04, 1030.
- **Marshallia Ranch Scramble:** 11—13 Jun 04. Sign up at the Pro Shop.

i. Outdoor Recreation/Equipment Checkout: (30SVS/SVRO, 6-5908)

- **Santa Barbara Sailing:** 5-6 Jun 04. Make an escape for the high seas with the Outdoor Rec's Santa Barbara sailing trips. Cost is \$45 including transportation. Sign up by 2 Jun 04.
- **Whitewater Rafting:** 12 Jun 04. Hit the rapids of Kern River with Outdoor Rec. Rafting trips will run through the summer. Cost is \$60 for one-day trip including transportation, lunch, and a full day of rafting with our own guides.

j. Pacific Coast Club: (30SVS/SVRMC, 734-4375 or 734-4376)**Entertainment/Events:**

- **Around The World:** Join us as we explore 20 beers from 20 different countries. A new beer will be available every Friday for a two-week period. Pick up your passport today!
- **Over the Hump Night:** Wednesday in the E-Lounge. Free wings and things starting at 1700 until gone. DJ and drink specials from 2000—2400.
- **DJ Night with Variety Music:** 4 Jun 04, 2100—0200, in the E-Lounge.
- **DJ Night:** 4 Jun 04, 1900—2300, in the Officers' Lounge.
- **Art Auction:** 5 Jun 04, 1900. Reception and wine tasting from 1730—1830.
- **Mongolian BBQ:** 9 Jun 04, 1800—2000.

Menu:

- **Weekly Lunch Buffets:** Tuesday - Mexican, Italian, or Oriental Buffet (rotates weekly), Wednesday - Santa Maria BBQ Buffet, Thursday - Chicken and Ribs Buffet, Friday - Seafood Buffet.
- **Monday Madness:** Monday evenings. All-you-can-eat pizza buffet with drink. Regular - \$7.00, Members - \$5.00, children under 12-years of age - \$3.00. (No coupons)
- **Fried Chicken Buffet:** Tuesday evenings, Pacific Fried Chicken Buffet with dessert. Regular - \$8.95, Members - \$6.95, children under 12-years - half-price, children 4-years and under - free.
- **Kids Night:** Wednesday evenings. Children under 12-years-old get a 6-inch mini pizza with choice of toppings and soda - \$1.50. (No coupons)
- **Pasta Mania Buffet:** Thursday evenings. Regular - \$8.95, members - \$6.95, children under 12-years of age - half-price, children 4-years and under - free.

k. Rod & Gun: (30SVS/SVRR, 6-4560)

- **Open Shoot:** Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.

l. Services Center: (30SVS/SVYR, 6-7976)

- **Touch-A-Truck:** 19 Jun 04, 1000-1400. Stop by the 30LRS/TRANS parking lot, Bldg. 10728 for the annual Touch-A-Truck event.
- **Six Flags Marine World:** Tickets are now on sale at the Services Center.
- **Universal Front of the Line Pass:** Enjoy priority access to the attractions, reserved seating at the most popular shows, plus behind-the-scenes privileges. Tickets on sale at the Services Center for \$65.
- **Sierra Summit Lift Tickets:** Sierra Summit ski lift tickets are available at the Information, Ticket and Travel (ITT) office. Cost is \$38.50 per person.
- **Discovery Dining Books:** Now available at the Services Center for just \$15.00.

m. Skills Development: (30SVS/SVRS, 6-6438)

- **Stained-Glass Workshop:** 2 Jun 04, 1800—2000. \$2.50 per hour + cost of materials.
- **Scrapbooking Workshop:** 3 Jun 04, 1800—2000. \$2.50 per hour + cost of materials.

n. Swimming Pool: (30SVS/SVRO, 6-3581)

- **Pool is Currently Closed:** Due to repairs, the pool is closed until further notice.

o. Veterinary Clinic: (30SVS/SVRV, 6-3019)

- **Clinic Day:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.
- **Pet Protection:** Protect your pets against fleas, ticks and heartworms with Frontline Plus and Heartgard, both available at the Vet clinic.

p. Youth Center: (30SVS/SVYY, 6-2152)

- **Summer Camp Registration:** It's time for Summer Camp registration at the Youth Center. Summer Camp starts 14 Jun 04 and runs through 20 Aug 04. We offer all kinds of fun activities to include swimming, bowling, field trips, theater and fine arts, science, cooking, gardening and fitness clubs. To reserve your slot you must return your registration package with a \$20.00 non-refundable registration fee that will be applied to your first week of camp. Open enrollment on a first come first served basis.

Education Center: (30MSS/DPHE, 5-5904)

a. Civilian Tuition Assistance (TA): TA is open to all civil service grades and individuals pursuing bachelor or graduate degrees. You may receive TA for up to three courses per term. Tuition Assistance will pay for 75% of tuition up to \$187.50 per credit hour and up to a maximum of \$3,500.00 per fiscal year. Space Command Units only. For more information contact Base Education in Bldg 14001 or 5-5904.

b. Summer Algebra Class: Allan Hancock College offers a summer Algebra class at VAFB Center. Math 131, College Algebra (ticket #0040), will be offered at Allan Hancock College's Vandenberg AFB Center as part of the college's 2004-summer session of classes. This is an eight-week class that will meet on Tuesday and Thursday from 1700—2120 beginning 22 Jun 04. For more information, call toll free 1-866-DIAL AHC.

c. Embry Riddle Aeronautical University: ERAU offers associate and bachelor degree programs in Professional Aeronautics (ASPA/BSPA) and Technical Management (ASTM/BSTM). We also offer three graduate programs: Master of Science in Management (MSM), Masters of Business Administration in Aviation (MBA/A) and Master of Aeronautical Science (MAS). The MAS has eight specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. For the month of June, 2004, Embry Riddle will waive all application fees. This is a limited time offer, so get your application in before 1 Jul 04 to save \$50.00! Our fall term begins 2 Aug 04 and registration begins 19 Jul 04. The term schedule will be available on our website at www.erau.edu/vandenberg by 19 Jul 04. For current information regarding registration, admissions and our programs call the office at 805-734-4076 or 6-6557. We have an extensive online catalog and over 150 locations worldwide. Embry-Riddle is in the Education Complex, 144 Wyoming Ave. Rm A-1. Office hours are Monday—Thursday 0830 to 730 and Friday 0900 to 1200. Our e-mail is Vandenberg.Center@erau.edu. (ERAU)

Computer Training: (InDyne, 6-3771)

a. Personal Computer Systems Training: Call for info and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000/Advanced; Excel 2000/Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg 9360, InDyne, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771, or e-mail: lexi.schwartz@vandenberg.af.mil

b. First Tip: Show The Formulas In Excel - For an easy way to switch an Excel worksheet between data display and formula display, all you have to do is press **Ctrl** plus the **Tilde (~)** key. This key combination acts as a toggle. The first time you press the keys, Excel will turn on formula display. When you press the keys again, Excel turns data display back on. **Second Tip: Find your place in Word documents** - If you are working on a long document, it's easy to lose your place. With Microsoft Word documents, you can pick up where you left off in your last editing session because Word keeps track of the *last three locations* where you typed or edited text. Just press **Shift + F5** immediately after opening the document, and the cursor will appear at the exact point where you last made a change. To reach the previous two editing locations, press **Shift + F5** until you reach the location you want

c. Available Classes: Following are classes scheduled for the next two weeks, which have open slots:

Class	Date(s)	Time
Windows - Tips and Tricks	2 Jun 04	1130—1230
Acrobat Reader	4 Jun 04	1130—1230
LAN Access Training	4 Jun 04	0800—1100
PWRR	7 Jun 04	0800—1100
Workgroup Managers Course	7-11 Jun 04	0800—1600
Access 2000 Intermediate	7-11 Jun 04	1300—1600
Excel - Filtering, Sorting, and Subtotals	7 Jun 04	1130—1230
Palm PDA - Beginning	8 Jun 04	0800—1100
Intro to Computers	9 Jun 04	0800—1100
Photo - Cropping and Cloning	9 Jun 04	1130—1230
LAN Access Training	10 Jun 04	0800—1100
Toolbar Mastery	11 Jun 04	0800—1100
Internet Explorer - Using Search Engines	11 Jun 04	1130—1230
PowerPoint 2000	14-18 Jun 04	1300—1600
Information Technology EC Training	16 Jun 04	0900—1100
Internet Explorer - Tips and Tricks	16 Jun 04	1130—1230
LAN Access Training	18 Jun 04	0800—1100

Note: Walk-ins are always welcomed!

Items For Sale:

For Sale: 2001 Ford Mustang: 43,000 miles, has transferable 7/70,000 ext warranty (valued at \$325, can negotiate); 5 Speed V-6; KBB \$9,900, asking \$9,500. Diamond cut aluminum toolbox in excellent condition, asking \$150. For more information call 734-0215.

For Sale: 2001 Jeep Cherokee Sport 4WD, 4.0, Auto, PS, PB, PW, PDL, cruise, tilt, A/C, CD, tint. Has 60K miles, 15K of warranty remaining. Asking KBB value of \$11,900. Call Brian at 734-1409, leave message.

For Sale: 2001 Chevy S-10 4cyl automatic, custom bumper, bed liner, only 50k miles, 29 mpg (great for a time like now) \$7,450. Call 734-2299.

For Sale: 2000 Honda Prelude. Only 44,000 miles w/\$3,000 in extras. Over 230 horsepower, 5-speed, garaged, dealer-maintained sports car. \$14,900/obo. Call 734-0786 to test drive. Serious inquires only.

For Sale: 2000 Ford Explorer XLS. Gold, Xlnt condition, PW, PB, PL, A/C, tint, and cruise. Has 75K miles - 25K miles left on extended warranty. Asking \$10,300/obo. KBB is \$10,550. Call 588-5590 for inquiries.

For Sale: 1997 Nissan Pickup XE red, 5 speed, 2WD, CD player, CB radio, 123K miles, good condition. Asking \$2400/obo. Must sell due to PCS. Needs brake work. Call Brian, 735-3673 or 291-0375.

For Sale: 1993 Lexus GS 300 low miles, fully loaded, not a scratch or ding, a must see. Runs and looks beautifully. \$9,950. Call 734-2299.

For Sale: 1993 Acura Integra, white, 1.8L engine w/new tires, five point chrome rims, alpine deck, all new pioneer speakers 10-inch sub, moon-roof, cruise control, asking \$4,500/obo. Call Jason at 734-0092.

For Sale: 1989 Nissan 240SX, 5 speed, A/C, runs great, \$1950. Call Mark at 717-3998.

For Sale: 1984 Honda Prelude, \$375. Call Mark at 717-3998.

For Sale: Camper shell from a 92 Ford Ranger short bed, but may fit other smaller pickups. Lined on the inside, w/interior light, sliding side windows w/screens, shell to cab rubber boot. Completely operational. Needs paint. Asking \$150. Call 734-8164.

For Sale: Complete car stereo system in perfect condition! 2 X 12" Fosgate Subs w/ Box, Sony Digital CD Player w/built-in equalizer & tuner and detachable face, 500 watt amp, 2 4X6's & 2 5X9's Pioneer speakers. Paid \$1100, sacrifice for \$750/obo. Call Dan at 734-0744.

For Sale: 20-Inch Diablo DS5 Spinning Rim Kit. These Battle Axe style spinners that come from the Spot Lowrider are the top of the line spinners that will fit most cars and trucks \$1000/obo. Call 735-7239.

For Sale: Queen-size sofa bed with Oakwood-finish armrests, earth tone, multicolor, in very good condition; asking \$180, paid \$770 new. Call 349-7568 day, or 934-4239 eves, or leave message.

For Sale: Full bedroom set. Light oak, includes queen size headboard/footboard/frame, queen size box spring/mattress, two night stands, one six drawer dresser w/mirror and a tall five drawer dresser. 1-year-old, must sell for PCS! All for \$900/obo. Call 734-0801 after 1500.

For Sale: Complete walnut finish bedroom set with brand new Simmons Beauty rest (Dream Well series) Olympic Queen mattress. Set includes: (2) nightstands, dresser with mirror, armoire, lighted headboard and heavy-duty frame. Mattress was \$1,900 new by itself, sacrifice for \$995 firm. Contact Mark at 734-0014.

For Sale: Computer desk (Busch) medium oak finish, like new condition, was \$495 when purchased, sacrifice for \$199. Contact Mark at 734-0014

For Sale: Sleeper sofa & loveseat set. Wood accents w/southwestern design, in good condition. Both for \$200. Call 734-1575.

For Sale: Beautiful hardwood crib. Gerry Brand drop-side maple crib, complete with mattress. Converts to twin bed with included head and footboards for years of use. Like new. Originally \$400, asking \$200. Please call Dan or Lynne at 734-1824.

For Sale: Whirlpool heavy-duty extra large capacity electric dryer, \$100. Please call 736-4925.

For Sale: Hunter green loveseat, \$65. Two Entertainment Centers: Black matte finish, \$35, faux granite finish, \$25. Oak end table w/brass accents, \$15. Doghouse for large dog, \$35. Basketball hoop, paid \$180, sell \$50. 3-tiered corner table, \$5. Nightstand, \$10. Exercise bike, \$20. Call 934-9928/478-0563.

For Sale: Whirlpool washer/electric dryer, excellent working condition: \$250. Assorted mini-blinds in blue and dusty rose and two dusty rose 9x12 bound rugs. For more information, call Troy at 736-3580.

For Sale: Homegrown low fat beef jerky. \$12/half pound. Antique tongue and groove wood (ash?) flooring, supposedly from 1912 World's Fair in San Diego. Leave message at 717-3337.

For Sale: Piano, Spinnet, recently tuned, comes with matching bench seat. \$100. Call Mark at 717-3998.

For Sale: Moving Sale. Upright piano w/bench in walnut finish, overall appearance, keys, hammers, and soundboard in excellent condition. Asking \$300. Call Chris at 734-0916 or leave message.

For Sale: Darkroom equipment, Bessler 23C enlarger kit, plus cold light head, timer, etc. Paper safe, developing trays, 35mm film developing tanks (steel) plus reels. \$350/obo. Call Bill 734-0833 after 1700.

For Sale: Solid walnut locking gun cabinet holds 8 guns with glass front doors and a large bottom drawer. 62" H x 31" W x 9 1/2" D, \$250. Please call 733-4356.

For Sale: Two horses. 11-yr-old greenbroke mustang mare. Expert rider only. This Bay is friendly, smart, strong & sound. 14hh, \$800. The other is a yearling warmblood filly. Roan Andalusian- Percheron cross. Xlnt prospect for hunter/jumper or dressage. Smart & willing. \$5000. Tack available. 478-1382/734-1607.

Free: Free to good home, 6-year-old Sheppard mix. Very friendly and obedient. Loves attention from children and gets along well with other dogs and cats. Moving soon! Call Mark at 717-3998.

Wanted: French tutor to teach conversational French through June and July. Fee negotiable. Contact Sharon at 734-5559.

Yard Sale: 5 Jun 04, 101 Parkside Court, Family Housing, at 0700 till whenever we sell everything. Variable-wattage television, couch, loveseat, chair, dryer, computer stand, entertainment stand, toys, etc. 734-2828.

Yard Sale: 5 Jun 04, 1026 Sumac St, East Housing at 0800-? Gym equipment, ProForm treadmill (exc. condition), lined camper shell (needs paint) & carpet kit for 92 Ford Ranger short bed, baby stuff and misc. "Let's Make A Deal", so come on by and see us, everything must go!